ATHLETIC OPPORTUNITIES

The athletic program at Mount Greylock is an important part of the school’s educational curriculum. Student participants benefit from an enriched educational experience and are provided with lifelong and life quality learning experiences. Athletes are able to develop confidence, a solid work ethic, and stronger leadership skills while increasing their level of self-discipline, responsibility, and sportsmanship. Participation helps with organizational skills, dealing with pressure, and handling the successes and disappointments in competition all the while enhancing the student’s achievement of educational goals.

**Fall Athletic Program Opportunities**

<table>
<thead>
<tr>
<th>Sport</th>
<th>Coach</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cross Country (Boys)*</td>
<td>Coach: Larry Bell (<a href="mailto:lbell@mgrhs.org">lbell@mgrhs.org</a>)</td>
</tr>
<tr>
<td>Cross Country (Girls)*</td>
<td>Coach: Scott Burdick (<a href="mailto:sburdick@mgrhs.org">sburdick@mgrhs.org</a>)</td>
</tr>
<tr>
<td>Football</td>
<td>Coach: Shawn Flaherty (<a href="mailto:sflaherty@mgrhs.org">sflaherty@mgrhs.org</a>)</td>
</tr>
<tr>
<td>Golf</td>
<td>Coach: TBD</td>
</tr>
<tr>
<td>Soccer (Boys)</td>
<td>Coach: Blair Dils (<a href="mailto:bdils@mgrhs.org">bdils@mgrhs.org</a>)</td>
</tr>
<tr>
<td>Soccer (Girls)*</td>
<td>Coach: Tom Ostheimer (<a href="mailto:tostheimer@mgrhs.org">tostheimer@mgrhs.org</a>)</td>
</tr>
<tr>
<td>Volleyball (Girls)*</td>
<td>Coach: John Albano (jアルバ<a href="mailto:no@mgrhs.org">no@mgrhs.org</a>)</td>
</tr>
</tbody>
</table>

**Winter Athletic Program Opportunities**

<table>
<thead>
<tr>
<th>Sport</th>
<th>Coach</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basketball (Boys)</td>
<td>Coach: Robert Thistle (<a href="mailto:rthistle@mgrhs.org">rthistle@mgrhs.org</a>)</td>
</tr>
<tr>
<td>Basketball (Girls)</td>
<td>Coach: Paul Barrett (<a href="mailto:pbarrett@mgrhs.org">pbarrett@mgrhs.org</a>)</td>
</tr>
<tr>
<td>Hockey (Wahconah Co-Op)</td>
<td>Coach: TBD</td>
</tr>
<tr>
<td>Nordic Skiing (Boys)*</td>
<td>Coach: Hiram Greene (<a href="mailto:higreene@mgrhs.org">higreene@mgrhs.org</a>)</td>
</tr>
<tr>
<td>Nordic Skiing (Girls)*</td>
<td>Coach: Hilary Greene (<a href="mailto:hgreene@mgrhs.org">hgreene@mgrhs.org</a>)</td>
</tr>
<tr>
<td>Swim (St. Joe Co-Op)</td>
<td>Coach: TBD</td>
</tr>
<tr>
<td>Wrestling*</td>
<td>Coach: Ray Miro (<a href="mailto:rmiro@mgrhs.org">rmiro@mgrhs.org</a>)</td>
</tr>
</tbody>
</table>

**Spring Athletic Program Opportunities**

<table>
<thead>
<tr>
<th>Sport</th>
<th>Coach</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baseball*</td>
<td>Coach: Steve Messina (<a href="mailto:smessina@mgrhs.org">smessina@mgrhs.org</a>)</td>
</tr>
<tr>
<td>Lacrosse (Boys)</td>
<td>Coach: Brandon Asplundh (<a href="mailto:basplundh@mgrhs.org">basplundh@mgrhs.org</a>)</td>
</tr>
<tr>
<td>Lacrosse (Girls)*</td>
<td>Coach: Lindsey von Holtz (<a href="mailto:lvonholtz@mgrhs.org">lvonholtz@mgrhs.org</a>)</td>
</tr>
<tr>
<td>Softball*</td>
<td>Coach: June Blake (<a href="mailto:jblake@mgrhs.org">jblake@mgrhs.org</a>)</td>
</tr>
<tr>
<td>Tennis (Boys)</td>
<td>Coach: Stephen Bryant (<a href="mailto:sbryant@mgrhs.org">sbryant@mgrhs.org</a>)</td>
</tr>
<tr>
<td>Tennis (Girls)</td>
<td>Coach: John Jacobbe (<a href="mailto:jjacobbe@mgrhs.org">jjacobbe@mgrhs.org</a>)</td>
</tr>
<tr>
<td>Track &amp; Field (Boys)*</td>
<td>Coach: Kent Lemme (<a href="mailto:klemme@mgrhs.org">klemme@mgrhs.org</a>)</td>
</tr>
<tr>
<td>Track &amp; Field (Girls)*</td>
<td>Coach: Brian Gill (<a href="mailto:bgill@mgrhs.org">bgill@mgrhs.org</a>)</td>
</tr>
</tbody>
</table>

*Denotes a great opportunity for Middle School students. For all other programs, please contact the coach listed to determine if openings are available for middle school students this year.

GET INVOLVED!
IMPORTANT ATHLETIC REGISTRATION INFORMATION

Any student interested in participating on an Athletic Team this year should attend the Mandatory Parent/Athlete Meeting on August 19th @ 6:30PM in the School Auditorium. Individual meetings for each fall sport will occur following this meeting.

Prior to each season of athletic participation, all students must have:

✓ An updated physical exam on record at the school (within 13 months).
✓ Completed the online registration (https://www.familyid.com/mount-greylock-athletics).
✓ Submitted the appropriate participation fee ($120 High School, $95 Middle School).

» » Students will be unable to participate in any practice or contest until all information has been received. Please take care of this prior to the pre-season meeting to avoid having to sit out during a tryout. Missing a tryout may affect a student’s ability to participate on a team.

Important Dates:

- August 12th, 2014 6:30PM Gymnasium Football Player/Parent Meeting
- August 18th, 2014 8:00AM Practice Field First Day of Football Practice
- August 19th, 2014 6:30PM Auditorium Required Parent/Athlete Meeting
- August 21st, 2014 TBD Practice Areas First Day of Golf, Soccer, Volleyball & XC
- November 19th, 2014 6:00PM Meeting Room Winter Parent/Athlete Meeting
- December 1st, 2014 3:00PM Practice Areas First Day of All Winter Sports
- March 11th, 2015 6:00PM Meeting Room Spring Parent/Athlete Meeting
- March 16th, 2015 3:00PM Practice Areas First Day of All Spring Sports

Questions??
Contact Director of Co-Curricular Activities & Athletics Lindsey von Holtz lvonholtz@mgrhs.org (413) 458-9582 X185 

GET INVOLVED!
CO-CURRICULAR OPPORTUNITIES

The following list includes most of the co-curricular offerings at Mount Greylock. However, additional organizations may be added soon. To learn more about both the existing groups and new offerings this year or to sign up for a co-curricular activity – attend the CLUB FAIR happening on September 12th during both lunch periods.

*Denotes a great opportunity for Middle School students.

Performing Arts Opportunities

Shakespeare Performance*
Shakespeare’s plays provide a unique opportunity for artistic exploration and expression. This is a nine week program that allows Greyock students to not only perform for their families and peers, but also collaborate and interact with nine other area high schools. Students have the opportunity to be actors, stage managers, or on the technical or publicity crews.

There will be an Informational Meeting for all interested students on September 17 @ 2:30 in the school auditorium. Auditions for the 2014 Shakespeare Cast and Crew will begin on September 19th and performances will be held at Williamstown Elementary School on November 14th & 15th at 7pm. Additionally, students will have the opportunity to perform during the Fall Festival of Shakespeare in Lenox, MA on November 20th or 21st.

Middle and High School Musical*
Each year, the students at Mount Greylock present a musical play carefully selected by Musical Director, Jeff Welch to highlight student talent. Students have the opportunity to be actors, to play in the orchestra, or to be crew members. Past performances have included “Guys & Dolls”, “Oklahoma”, and “Wonderful Town”. Rehearsals begin in early December and this years performance will be held on March 5th, 6th, and 7th, 2015.

Spring Drama Performance*
The third performance at Greylock requires no experience and no musical ability. Students work together to produce and perform a creative production. Recent performances have included “Dearly Departed”, “12 Angry Jurors”, and “Pass the Butler”. Rehearsals begin in mid March after the completion of the School Musical and students will perform for two evening in late May.

Middle School Drama Program*
A short-term program is provided for Middle School students during March and April focusing on age appropriate theater projects. Students will remain at Mount Greylock after the completion of the school day and participate in various workshops and rehearsals while preparing to perform a small show.

GET INVOLVED!
Publication Opportunities

The Echo*
The school newspaper is a monthly student run and student produced publication, which features articles pertaining to the school and its surrounding communities. Some popular features include: “1 in 650,” a spotlight on a particular Greylock student who has something unique about them, the sports section, which offers updates on Greylock teams, and the news section with current information regarding school and community events and activities.

Write Loud/IRIS
A casual, pressure free, creative writing group that meets weekly after school to hone in on their writing skills, style, and voice. Each meeting begins with a quick exercise focusing on a different aspect of writing. Students then share their own work and help to peer edit others. Interested students can publish their work in IRIS, a collection of Mount Greylock student poetry published each spring.

Yearbook
This committee works year round to put together a book filled with memories that seniors and other members of the school can keep for the rest of their lives. Students spend meeting time working on theme and design ideas, page layout, and taking pictures to capture exciting school moments. Students receive training focusing on how to create a yearbook, task assignments, and meeting deadlines.

Leadership Organization Opportunities

National Honor Society (NHS)
A national organization comprised of students who have achieved a high academic standard and who have displayed excellence in character, service and leadership in their community. After an application process, students are selected by a faculty council based on academic records, character and leadership traits, and faculty evaluations. Members assist with transitions for 8th graders, juniors, and seniors as well as volunteer with community service programs.

Student Council
A group of 5 elected students from each class who work together to better serve the school. They serve as a bridge between students and administration bringing ideas to and from the school community. The Student Council is always working to improve the high school experience for all students by bringing a unique and holistic voice to discussions and improvements at Mount Greylock.

Students Organizing Change (SOC)*
This organization is the one of the few clubs at Greylock designed specifically for Middle School students. Based on an all-inclusive philosophy, and led by co-presidents, members work together to organize community spirited activities (dances and spirit days) and to arrange community service projects.

Language Organizations

Junior Classical League (JCL)*
A Latin association that operates on more of a state-wide scale, as opposed to a local scale. Every year members participate in various Massachusetts JCL events- most notably- the State Convention, a state-wide Classics competition. Additionally, Mount Greylock hosts the annual JCL Kick-Off Event. This year, this interscholastic event which includes Catapult, Certamen, Gladiator, and Hula-Hoop Contests will happen on October 25th.

GET INVOLVED!
Spanish Club*
Join a vibrant group of students who share an enthusiasm for Spanish language and culture awareness. Activities include: international service projects, tutoring, dance lessons, piñata making, cooking, political discussions, movies, and more.

Additional After School Organization Opportunities

Digital Media Lab*
Get together with fellow students interested in Robotics, code writing, and using the three dimensional printer. This group meets weekly after school with the school instructional technology specialist.

Gay Straight Alliance (GSA)*
A supportive group of Mount Greylock students, of all different orientations, that welcome anyone who wants to join. GSA aims to educate the student body and to foster a feeling of acceptance in the community regarding gender and sexuality. Members work to create awareness and foster activism.

MUSE (Performing Arts Club)*
This performing arts group organizes creative projects and events for anyone interested in the arts. The group works to bring together art forms and serves as a meeting place and creative outlet for artists and other creative types. Actors, singers, dancers, musicians, writers, filmmakers, photographers and beyond are all welcome.

Outing Club*
This year, Mount Greylock will be teaming up with the Flying Deer Nature Center, a wilderness school and community dedicated to mentoring students in deep connection to nature, self, and others. Excursions include navigation, mapping, survival skills, wildlife tracking and trailing, an overnight backpacking trip, and a visit to a local cave. There will be an informational meeting on Thursday, September 18th after school.

Outing Club (Middle School Specific)*
This group is designed for middle school students only. It is co-led by two Mount Greylock High School students and a member of the Overland staff. Students participate in monthly outings, including hikes, ultimate frisbee competitions, and camping adventures.

Positive Energy People (PEP Club)*
A group open to any student interested in making the school a more positive place by spreading school spirit via pep rallies, evening activities and dances, picnics, and making and posting signs promoting “The Greylock Way” and all school-sponsored events.

Writing Club*
Get together and share ideas and writing with friends and students from Williams College in a relaxed, non-academic environment. This group meets once a week after school in the library and is open to any female students in grade 7, 8, or 9.

Youth Environmental Squad (YES)*
Join this group to help Mount Greylock continue to be environmentally conscious. Members have recently implemented a community garden (used by our own kitchen), a composting and recycling station in the cafeteria, and have promoted “Turn-off Tuesdays,” a movement to conserve energy.

GET INVOLVED!